



The Big Book of Vegan Recipes: More Than 500 Easy Vegan Recipes for Healthy and Flavorful Meals

By Jolinda Hackett

Adams Media Corporation. Paperback. Book Condition: new. BRAND NEW, The Big Book of Vegan Recipes: More Than 500 Easy Vegan Recipes for Healthy and Flavorful Meals, Jolinda Hackett, Delicious vegan recipes your whole family will love! It's not always easy for vegans to get the nutrients needed to maintain a well-balanced diet. With The Big Book of Vegan Recipes, you can ease your mind knowing that each of these dishes is not only completely vegan, but also packed with flavorful, nutrient-rich ingredients that will keep your family healthy and full throughout the day. Featuring more than 500 delicious vegan recipes, this cookbook offers meals that will satisfy everyone's tastebuds, including: * Maple cinnamon breakfast quinoa * Creamy sun-dried tomato pasta * Black bean and butternut squash chili * Gingered and pralined sweet potatoes * Sweetheart raspberry lemon cupcakes Complete with easy-to-follow instructions and plenty of preparation tips, The Big Book of Vegan Recipes has everything you need to create tasty vegan meals in no time!.



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Reviews

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