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Urine Therapy: Nature's Elixir for Good Health

By Flora Peschek-Bohmer, Gisela Schreiber

Inner Traditions Bear and Company. Paperback. Book Condition: new. BRAND NEW, Urine Therapy: Nature's Elixir for Good Health, Flora Peschek-Bohmer, Gisela Schreiber, If you are like most people, trained from their earliest years to regard urine as a mere waste product, the thought of using it for its healing powers may seem shocking. Yet urine has long played an important role in the holistic medical traditions of societies all over the world, and is even mentioned in the Ebers Medical Papyri of ancient Egypt. For centuries people have been availing themselves of urine's incredible curative powers for ailments ranging from anaemia to warts. Urine is free, sterile and acts homoeopathically to "prepare" the immune system. URINE THERAPY includes many case histories of people who have successfully treated their ailments with urine, along with cogent explanations of why urine does what it does, how to ensure that the wastes flushed out with your urine aren't taken back in and why urine may be the best tonic available for your immune system. In addition to protocols for using urine to treat a wide array of diseases, the book offers a programme that teaches you step-by-step to overcome any initial aversion to urine...



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