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HAPPINESS IS JUST A BOWL OF CHOICES



MICHAEL RICE, LISAC, RTC

Paperback. Book Condition: New. Paperback. 128 pages. Happiness is a state of mind that everyone seeks to attain and maintain each and every day of their life. All of our daily behavior serves the purpose of acquiring that happiness. We have certain basic genetic psychological needs and in order to achieve happiness, we are hard-wired to seek to have these needs met. If not achieved, a person will develop any number of creative behaviors in an attempt to get these...

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