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BEING A TEEN: EVERYTHING TEEN GIRLS AND BOYS SHOULD KNOW ABOUT RELATIONSHIPS, SEX, LOVE, HEALTH, IDENTITY AND MORE (PAPERBACK)



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Random House USA Inc, United States, 2014. Paperback. Book Condition: New. 208 x 137 mm. Language: English . Brand New Book. NEW YORK TIMES BESTSELLER AN ALL-ENCOMPASSING GUIDE THAT PARENTS WILL WANT FOR THEIR TEENS This thorough, concise guide offers straight talk about: The male and female body as it changes and matures. Teen relationships: what it takes to create happy, supportive, positive, and meaningful connections with family, friends, and others. Identity empowerment: how to be authentic and thrive in today s world. Sex and sexuality for boys and girls: how teens should take care of their bodies, embrace their experiences, and strengthen self-esteem. Strategies for working through the toughest challenges, including bullying, sexual abuse, eating disorders, pregnancy, and more. Praise for Being a Teen A frank and candid resource for adolescents. People Fonda s warmth and love for the teen community is evident. Publishers Weekly Clear, practical, and riveting, Being a Teen cuts away at myth, enhances teens self-esteem, and arms them with a trove of useful information. Beautifully organized . . . Any parent, teacher, coach, or doctor needs to read this authoritative guide. What a lifesaver for our boys and girls! William S. Pollack, PhD, author of the international bestseller Real Boys and Associate Clinical Professor, Department of Psychiatry at Harvard Medical School Being a Teen should be in the hands of every teen in the world. It is a myth-busting, fact-filled treasure full of life information all teens want and need to know. Christiane Northrup, M.D., New York Times bestselling author of Women s Bodies, Women s Wisdom Clear, unflinching, and nonjudgmental . . . a reliable guide to the turbulent physical and social transitions of adolescence. Michael Kimmel, Distinguished Professor of Sociology and Gender Studies, Stony Brook University, and author of Guyland A comprehensive, honest,...

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